

Dear Parent / Guardian,

Parent Fact Sheet

Your school has once again taken the initiative of providing your child/children with the opportunity of taking part in the award winning program called S.M.A.S.H. which is an acronym for SKILLS, MULTI-ACQUISITION, and SPORTS & HEALTH PROGRAM.

The program last year received another award from the PSSA for an outstanding contribution to school sports in NSW.

The S.M.A.S.H. Program is an innovative Sports and Skills based program geared toward kindergarten to year six children and has been underway in NSW for the past 12 years with the sanction of the NSW Department of Education and Aussie Sports. It is the collective efforts of many leading sports people and the Far North Coast based Sportz Specific Pty Ltd.

S.M.A.S.H. is taught by using modified sporting equipment to suit the size, strength and ability of each individual.

The activities are designed to improve hand-eye coordination and the enrichment of motor skills [gross motor] movement and control, perception along with teamwork. It also promotes bilateral movement which encourages use of both left and right brain hemispheres.

The S.M.A.S.H. program is a highly original Sports and Skills based program performed by fully qualified instructors, with State and National accreditation delivering the optimum level of coaching. In addition, the instructor applies a talent identification system which allows each child to be assessed on their natural talent towards their chosen sport.

The children progress their skills each week and are encouraged to do so by utilizing their natural ability with the emphasis on having fun!!!

A new edition to this year's program is fitness testing of students, throughout the course of the program. Details, and an overall percentage will be compared to a similar school in size, with a detailed letter provided at the completion of term.

The program runs one day per week for the entire term with the costing set out below

Single child families	\$30.00
Families with two or more children	\$56.00

Please make payments in full before the commencement of the program,
unless prior arrangements have been made.

All cheques are to be made payable to: Sportz Specific Pty Ltd.

Permission slip

(Please Print)

IParent/Guardian,

give permission for Child/Children's name

in Class..... to take part in the S.M.A.S.H. program.

Medical conditions that we should be made aware of:

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Signed.....Parent/Guardian

Total amount enclosed \$.....

For your child's safety.
Please ensure that your children are provided with a sun safe hat.